Psychotherapy With Infants And Young Children: Repairing The Effects Of Stress And Trauma On Early Attachment
Synopsis

This eloquent book presents an empirically supported treatment that engages parents as the most powerful agents of their young children’s healthy development. Child-“parent psychotherapy promotes the child’s emotional health and builds the parent’s capacity to nurture and protect, particularly when stress and trauma have disrupted the quality of the parent-“child relationship. The book provides a comprehensive theoretical framework together with practical strategies for combining play, developmental guidance, trauma-focused interventions, and concrete assistance with problems of living. Filled with evocative, "how-to-do-it" examples, it is grounded in extensive clinical experience and important research on early development, attachment, neurobiology, and trauma.

Book Information

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Customer Reviews

This book is a must have for the treatment professional working with caregivers and children 0 - 5. The coming trend will be for fewer children to be actually removed from their caregiver settings which means we will be working with families in their family of origin. The information in this book will help professionals understand the developmental needs of children as they interact with caregivers own issues in a way that enlightens treatment and family functioning.

This is a good solid text for practitioners looking for tools and suggestions for working with attachment problems. The model is research based adding to its credibility.
Very helpful book for those working with young children. Insightful information about how stress effects young children that we may not have initially thought about. Good tips for professionals working with this population.

Well written and easy to follow. Gives critical information that anyone working with infants should know! Every parent, teacher, and most of all lawmakers need to read this!

A must read for social workers of understanding the process of what parents and children need.

A very practical guide on how to apply this model. A must have for clinicians working with these population. Very empathic in their approach.

fantastic book for all generations. Lots of help.

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