The Sunshine On My Face: A Read-Aloud Book For Memory-Challenged Adults, 10th Anniversary Edition
Synopsis

Reading The Sunshine on My Face is an instant activity no planning or preparation required! Although Alzheimer's disease and other brain disorders can interfere with communication skills, this book stimulates remaining abilities and lets you connect in positive ways. Use this book to start a conversation, encourage physical closeness, promote intergenerational exchanges with children, or provide a calming diversion. This beautiful 10th anniversary edition presents the pictures and stories that readers have come to love while introducing new content to make interactions with loved ones more meaningful. Just sit down together, open this colorful and engaging book across both laps, and begin reading, talking, singing, joking, and reminiscing. You can use this versatile book in many ways turn to favorite pages, sing songs to match the themes, or simply read together from beginning to end. Tips on how to promote engagement with the book are provided, as well as song suggestions for each illustration. You'll find that a Two-Lap Book's appeal is universal and timeless.

Book Information

Hardcover: 28 pages
Publisher: Health Professions Press; 2nd edition edition (October 7, 2015)
Language: English
ISBN-10: 1938870573
Product Dimensions: 9.6 x 0.3 x 11.1 inches
Shipping Weight: 1.6 pounds (View shipping rates and policies)
Average Customer Review: 3.8 out of 5 stars – See all reviews (5 customer reviews)
Best Sellers Rank: #723,155 in Books (See Top 100 in Books) #14 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Home Care #51 in Books > Medical Books > Medicine > Home Care #91 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nursing Home Care

Customer Reviews

I used to read this book to my Mother who had dementia, and it really was the only book that seemed to keep her attention. It deals with day-to-day events that she could not only relate to, but see through the illustrations on each page. I highly recommend "The Sunshine on My Face" not only to facilities for memory impaired individuals, but also for caregivers at home with their loved ones. Linda Jenkins, family caregiver, Austin, TX
I ordered the 10th edition of, Sunshine on My Face, because it didn't mention dementia or anything related to memory difficulties on the cover. However, to my surprise, inside the 1st few pages of the book it mentions memory difficulties etc. in several places as well as on the back cover. I will return the book as my 85y/o mother, depending on the day, is very sensitive about her dementia. I would recommend changing the back cover and maybe making the 1st few pages of the book perforated. The 1st few pages have valuable info. but could be upsetting to the person with memory issues. My mother has mid-stage Alzheimer. Book has cute colorful pages.

As an activities director in assisted living memory care, I frequently used Lydia Burdick's charming books and witnessed family caregivers as well as staff successfully sharing them with the adults who had memory impairment. Reading together and enjoying the colorful pictures of positive daily activities provides genuine opportunities for engaging interactions. Two-Lap Books are simply fabulous and require no preparation time or material to get ready.

This book is a TRUE GEM! Reading it together with my mom who has dementia, in very little time her mood changed! She became very engaged and very ALIVE! It is a truly transformational book.

This was not at all what I expected and it was REALLY expensive - at $23 for something I thought I would be able to read to my mother who has dementia. I was using the electronic version and it was very small. Not sure what the hard copy looks like.

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