Anatomy & Physiology Coloring Workbook: A Complete Study Guide

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As an incredibly engaging study guide that can be used either independently or in conjunction with any A&P book, the Anatomy and Physiology Coloring Workbook helps you get the most out of your A&P classes. Dr. Elaine Marieb thoughtfully crafted the text to include a wide range of coloring activities and self-assessments. Each step you take leads you into an amazing world where they can learn more about anatomical structures and physiological functions.

**Book Information**

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**Customer Reviews**

I found this book to be a good study guide in the following ways: It helped me to learn hard topics of anatomy and physiology in an easier way. The visual learning aids stayed in my head more. This is a much easier way of learning A and P then listening to long and dry college lectures. I also used the following study guides which are also on: Anatomy and Physiology Study Guide: Key Review Questions and Answers by Patrick Leonardi These study guides had the type of questions I encountered on my college A and P test. I advise getting these books.

This book is good but there is a newer version already out which is better. If you have the Lab manual that goes with the text, this doesn't really offer anything new to you and your money would be better spent on the resource book.

I got this to help me with an anatomy and physiology class. It was created by the same person who
wrote the textbook for the course. The coloring didn't help all that much, but there are activities in each chapter that helped me with the labs, both doing the labs and taking the lab quizzes. There were also quizzes at the end of each chapter (answers at the back) which helped me prepare for the chapter quizzes. I took this anatomy and physiology class as a lark. I'm retired, and I already have a master's degree in the humanities. This class may have been the hardest class I've ever taken. I never had to learn so many details and the relations among those details in any of my undergraduate classes (again, my BA was in the humanities). This book really helped me earn that A in A&P. I took one star off because I wasted three weeks coloring those stupid pictures before I realized that was a waste of time.

This book was really useful - the coloring parts are especially good if you are a visual learner. There's also more to it than just coloring in pictures - there are lots of fill-in-the-blanks sections to test your knowledge and review major ideas. This is where the only criticism lies....if you don't have the textbook (or a good knowledge of the material) then some sections will be hard to complete. Answers are provided, however, so overall, it is a really useful book and offers more than you might first assume.

It's a really useful book, which is neither too complicated or too easy. I'm studying at university to become a paramedic, and it has been a very helpful tool in the specific anatomy and physiology topics they expect us to understand. The pages held colour pencil just fine - I remember reading a review before buying this which said the pages were too “waxy” and didn't hold pencil well. This isn’t true. The pages are fine for applying pencil. The only thing I must say in a sort of negative light is that you must have another anatomy and physiology book as well as this one - this is more of a quiz book on what you know as opposed to something to teach it to you. It could be used on its own, as the answers are available at the back of the book, but having a separate textbook would probably be preferable. It is easier to learn things in context rather than simple question and answer form, in my opinion. All in all, I would highly recommend this book to anyone who is a more visual learner and studies anatomy and physiology.

As a mother of three changing careers in mid stream, it was hard to find focus sometimes. I found this book easy to follow, a great study guide. Also it has been a great reference book in the years since I have been licensed to practice massage.
was expecting more of a coloring book, but unexpectedly more helpful with more of a workbook format. There's still some coloring. Overall, good for studying!

This is perfect for reinforcing the A&P information..especially given that my Prof is using the A&P textbook by the same author 10th ed. (same with corresponding lab). There are exercises that go far beyond ‘coloring’ that really help. This is a MUST purchase for any A&P takers or for those wanting to solidify concept for whatever reason.

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