A Cancer Therapy: Results Of Fifty Cases And The Cure Of Advanced Cancer By Diet Therapy

Max Gerson, M.D.

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In 1958, based on thirty years of clinical experimentation, Dr. Max Gerson published this medical monograph. This is the most complete book on the Gerson Therapy. Dr. Gerson, who developed the Gerson Therapy, explains how the treatment reactivates the body’s healing mechanisms in chronic degenerative diseases. The book incorporates extensive explanation of the theory with scientific research and the exact practice of the therapy, as well as a presentation of fifty documented case histories. Also included is a modified version of the Gerson Therapy for use with nonmalignant diseases or preventative purposes.

Dr. Gerson practiced in the US after coming from Germany during WWII. He was told they treat, not cure, in this country. He had terrible headaches which lead to a high potassium diet approach which started helping tuberculosis and cancer patients. This evolved into more and more natural foods high in veggies, devoid of salt, fats and animal protein. His approach has all the things they have been finding as anti-cancer- carrot/apple juice, green juice from lettuce and tops from beets, special soup with potatoes, onions, leeks, celery and parsley root, garlic, tomatoes, slow cooked for 3 hours. The primary focus of it all is strengthening the liver, and also starving and dissolving the cancer. There are hourly juices. The potassium supplement was a result of 100 experiments to get a combination of 4 different potassium compounds, that would go into cells and displace sodium.

Cancer in general has a fermentation metabolism that loves sodium and needs little oxygen. The
therapy gets blood and potassium in there, as well as the carotenoids and other things that stop the cancer or slow it down. Another key factor is the juices must be very fresh, to not destroy the oxidizing enzymes (your body also oxidizes germs with hydrogen peroxide mfg by immune cells); in fact intravenous hyd peroxide is very effective with cancer supposedly, as well as emphysema-provides oxygen to cells. Also a juice press is needed, not centrifugal, which strips off the charge on the juice, making it ineffective at getting into the cells. Gerson also talks about studies that measured the electrical potential of organs and how they diminished with poisons. This is still an unexplored area I think. Dr. Albert Schweitzer called Gerson an eminent genius, as he renewed Schweitzer’s life who went on to do his best work.

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