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Applied Channel Theory In Chinese Medicine Wang Ju-Yi's Lectures On Channel Therapeutics

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Applied Channel Theory in Chinese Medicine demonstrates how a deeper understanding of the interrelationship between organ and channel theory can lead to more precise diagnoses and better clinical results. This book is a collaboration between Wang Ju-Yi, one of modern China's most respected scholars, teachers, and practitioners of traditional Chinese medicine, and his American apprentice and practitioner, Jason Robertson. While most textbooks focus either on the functions of the organs in basic physiology or on the uses of the channels in treatment, this book shows the essential relationships between the two. Theory and practice are connected through a detailed discussion of a channel palpation methodology developed by Dr. Wang, which leads to more precise and effective point selection, location, and technique. Applied Channel Theory in Chinese Medicine was developed during Mr. Robertson's apprenticeship with Dr. Wang in Beijing, and is presented in a unique and highly readable format that preserves the intimacy of dialogue between apprentice and teacher, with questions and answers, narratives, and case studies.

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Customer Reviews
I have to say a big thank you to the authors of this book for so painstakingly putting their hearts into making Classical Channel Theory so accessible and practical. There are many books out there with great information on Chinese Theory but few offer the same depth of clarity on to how to integrate that information into practice. There is not one Chinese Medical textbook on my shelf that I have read cover to cover like I did this one; the writing is engaging, succinct and sometimes very
moving. Coming from a background of classical acupuncture, channel theory was left out in our training and everyone was scrambling to take continuing education classes on this topic from classically trained practitioners after they graduated. Not having the funds or the time to take these classes I felt like I was missing out on a very important aspect of Chinese Medicine. After reading this book I can honestly say I feel like I have a firm foundation of Channel Theory to integrate into my practice. I have already seen dramatic changes in the outcome of my treatments and love the fact that I use much fewer needles to accomplish this. It is hard to express in words without sounding trite how valuable this book has been to me. I highly recommend this book to any practitioner of Chinese Medicine or anyone interested in a very accessible explanation of Chinese Medical theory.

This is the book I wish I had written!! It is simply one of the most fascinating and practical books on Traditional Chinese medicine to have emerged in recent years. As Dr. Wang himself said to his student and collaborator Jason D Robertson, you should not write "just another boring text book..." And that wish has certainly been fulfilled. This book is an exciting read, that draws together both the wisdom of the classics with current clinical practice. The text is very much alive, written as a conversational dialectic between Dr. Wang and Jason D, in the time-honoured tradition of Huang Di and his physician Qi Bo, in the Yellow Emperor’s Classic of Internal Medicine. It addresses and repairs many of the holes that the Cultural Revolution blew in Chinese Medicine and firmly 're-embodies' acupuncture energetics within the reality of the channel networks. Well done! Bravo! Gong Xi!

I have a strong background in pure TCM from my school, and this book is so much more interesting and usable than Fundamentals of Chinese Medicine is. He even has a couple gems on herbalism interspersed in this book too. It has a lot of depth on Chinese Physiology yet is a pretty easy read (for a practitioner or upper-year student). I am not even near finished yet but I appreciate how it is laid out so far. It seems like TCM is a conglomerate of disjointed empirical points that merely skims over the channels and wider connections within the body. This book on the other hand doesn’t have a spleen chapter and a lung chapter, it has a Tai Yin chapter that breaks itself down into Lung and Spleen. It gives you so much info on how they are related that TCM doesn’t delve into. It does go in microscopically and has some pretty nice speculations thrown in about Western Medical parallels which I found useful. But its the fact that it backs up and sees the interrelations that are system wide and more truly holistic that really helps me see the big picture, both literally and figuretively. It does
not contradict my TCM training but only a few times from what I've read so far, yet it helps me apply the classics more and deepens my understanding. My intent seems to be sharper during treatments form just the little that I have read. I highly recommend this book to Acupuncturists of ALL styles.

If the title doesn't suggest the seriousness of the topic, the casual reader should first be warned that this is actually a textbook on classical Chinese acupuncture written in a relatively lively and unconventional manner. It is not for casual reading and it is very heavy on authentic TCM theories which are often not applied when practising acupuncture in the West. Though a lot of points are mentioned and even a bit of point location technique is featured, this is not an atlas of meridians and their acupuncture points. For serious students of authentic Chinese acupuncture, it's simply one of the best and most detailed English-language books on the meridian or channel theory. In a style similar to Huangdi Neijing, the book features "conversations" between master and apprentice. There are also snippets on interesting encounters inside and outside clinical practice in China, giving the reader some social and cultural insights into the country where TCM originated. The book covers basic TCM principles from an acupuncturist's perspective. Instead of covering the zang and fu organs on their own, the book, pairs organs according to channels and discusses them together. For example, taiyin channels and their related organs, lung and spleen are covered under the one chapter. The shaoyin organs (heart, kidneys), jueyin organs (liver, pericardium), taiyang organs (bladder, small intestine), shaoyang (gall bladder, triple burner) and yangming (large intestine, stomach) channels are likewise paired and discussed together. This offers a unique perspective to our understanding of organ and channel "physiology". The book also goes into details on channel "physiology", transport points, point selection, needling techniques etc. The most distinguishing feature is the use of channel palpation to identify nodules and other abnormalities along a channel to pinpoint the organ involved. This emphasis on organ differentiation technique sets this book apart from most other TCM books which dwell on 8-principle differentiation based soley on observation, smelling, asking and pulse taking. It takes a lot of time and re-reading to digest the material here, but once the reader has grasped the principles, it will greatly improve his/her understanding of the complex theory behind acupuncture.

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